

UW-Stout 2000 Indoor Women's Track & Field Individual Results - Final

Event / name	@ EC Triangular 1/22 3rd	@EC Open 1/28	@RF Invite 1/29 4th/6	@Eastbay Invite 2/5 10th/14	Stout Invite 2/11 7th/20	@RF Invite 2/18 5th/5	@Pointer Invite 2/26 7th/18	@WIAA Champ 3/4-5 8th/9	@NCAA Nat'l's 3/10-11 30th/43
55-dash									
Sarah Jenne	8.42	x	8.33	8.36	8.22	8.22	8.18	8.14	
Angela Russo	8.59	x	8.58	8.60	x	x	x	x	
200-dash									
Amy Biegel	30.07	x	x	x	x	29.62	x	x	
Sarah Jenne	30.11	x	30.15	29.63	29.53	29.22	29.44	28.69	
Michelle Abramczak	30.15	x	x	x	x	29.46	x	x	
Dana Rozmonoski	31.84	x	x	x	x	x	x	x	
Angela Russo	x	x	x	32.20	x	x	x	x	
Tracy Gundert	x	x	x	x	x	29.84	x	x	
400-dash									
Tracy Gundert	1:07.09	x	1:07:35	1:07.65	1:07.24	1:06.38	1:06.25	x	
Michelle Beckman	1:08.53	x	x	x	1:09.45	x	1:09.94	x	
Nora Ready	1:09.16	x	x	x	x	x	x	x	
Amy Biegel	x	x	x	x	1:08.61	1:07.00	1:07.07	x	
600-run									
Nora Ready	x	x	1:51.73	x	x	x	x	x	
Michelle Beckman	x	x	x	x	x	x	x	x	
800-run									
Michelle Beckman	2:39.49	x	x	2:37.04	x	2:34.36	x	x	
Nora Ready	2:43.21	x	1:58.73	2:37.08	x	2:39.80	x	x	
Heidi Bedsted	2:44.02	x	x	x	5:52.26	x	2:47.06	2:46.48	
Katie Kuffel	x	x	x	x	2:28.47	x	x	x	
Lisa Sorvala	x	x	x	x	2:33.61	x	x	x	
Michelle Abramczak	x	x	x	x	x	x	2:41.24	x	
1000-run									
Katie Kauffel	x	x	3:15.66	x	x	x	x	x	
Heidi Bedsted	x	x	3:35.43	x	x	x	x	x	
One Mile-run									
Amy Arndt	x	x	x	x	5:35.18	x	x	x	
Heidi Bedsted	x	x	x	x	6:13.37	x	x	x	
Meredith Nordberg	x	x	x	x	6:13.61	x	x	x	
1500-run									
Lisa Sorvala	5:12.90	x	x	x	x	x	x	x	
Katie Kuffel	5:18.45	x	x	x	x	x	x	x	
Heidi Bedsted	x	x	x	5:25.25	x	5:29.40	6:03.94	5:38.23	
3000-run									
Amy Arndt	11:29.62	x	11:17.74	x	x	x	x	11:19.84	
Ellen Everson	12:46.17	x	12:04.41	x	x	x	12:01.90	11:42.19	
Meredith Nordberg	13:26.54	x	x	x	x	12:10.24	12:08.10	12:13.72	
Lisa Sorvala	x	x	11:18.01	10:58.25	x	10:55.37	x	11:00.04	
Katie Kuffel	x	x	x	11:12.58	x	10:56.01	x	11:00.70	
5000-run									
Meredith Nordberg	x	x	22:25.08	x	x	x	x	x	
Amy Arndt	x	x	x	x	x	19:35.39	x	20:05.29	
55-hurdles									
Michelle Abramczak	9.62	x	9.60	9.54	9.53	9.52	9.68	10:02	
Amy Biegel	9.77	x	10.27	10:32	x	9.97	10.09	10:34	
Allison West	x	x	x	x	x	10.01	x	x	
200-hurdles									
Michelle Abramczak	x	x	31.75	32.84	x	x	x	x	
Amy Biegel	x	x	32:68	x	x	x	x	x	
4x200-relay									
Stout	2:00.06	x	1:59.16	1:57.60	1:56.50	1:57.06	1:57.17	1:54.59	

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4x400-relay									
Stout	4:28.81	x	4:29.55	4:26.72	4:28.40	4:24.83	4:30.09	4:22.18	
Stout B	4:45.08	x	4:42.23	x	x	4:42.31	x	x	
High Jump									
Ann Marie Curtis	4-9	4-9	4-7.75	4-9	4-11	4-11	x	4-7.75	
Andi Schwabenlender	x	x	x	4-11	5-1	x	4-11.75	4-11.75	
Amy Biegel	x	x	x	x	x	x	4-7.75	x	
Alison West	x	x	x	x	x	x	4-6.75	x	
Long Jump									
Angela Russo	14-3.25	x	14-9	14-5	x	x	x	x	
Michelle Abramczak	x	x	x	x	x	x	13-7.75	x	
Triple Jump									
Angela Russo	29-10.25	x	31-10.75	30-6.50	x	x	x	x	
Pole vault									
Dana Rozmenoski	7-1	x	6-8	7-6.50	7-7	7-7	x	8-4.75*	
Shot put									
Sara Pivec	37-5	40-4.75*	x	40-1.25	40-5	40-6*	42-8*p	43-1.50*a	43-2.25*, 4th
Jessie Krejci	x	x	35-7.75	37-6.75	38-7.75	35-7.25	x	38-11.50	
Amy Biegel	x	x	x	x	x	x	24-3	x	
Michelle Abramczak	x	x	x	x	x	x	22-1.75	x	
20-lb. wt.									
Jen Turner	42-7.50	x	40-2.25	43-3.25	x	41-11.50	45-0.25	x	
Sara Pivec	38-2	x	x	38-0	42-6.75	40-1.50	38-2.25	42-00.50	
Caroline Myrlie	36-11.75	x	x	x	x	35-3	36-3	35-11.50	
Pentathlon									
Michelle Abramczak	x	x	x	x	x	x	x	2444	
Amy Biegel	x	x	x	x	x	x	x	2409	
Distance Medley									
Stout	x	x	x	x	13:11.15	x	12:58.05	13:03.17	

a = NCAA Division III automatic qualifier p = NCAA Division III provisional qualifier

* school record